

## **SKILLS & TRAINING**

P.E.R.S.O.N.-Centred Leadership™ Professional Growth Employee Engagement Curriculum Development & Delivery Change Management

#### MICHELE SAYS.....

"Leadership is not about fixing employee problems, it's about cultivating relationships based on equality and a human connection"

## CONTACT

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## SOCIAL

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# MICHELE THOMSON

# HEALTHCARE LEADERSHIP EXPERT

## PROFESSIONAL BIO

Michele is a Registered Nurse with a Gerontology Specialist Certification with more than 25 years of clinical, strategic and operational experience within seniors care. She specializes in leadership and has partnered with stakeholders in the private and non-profit sectors and has worked with First Nations in British Columbia. Michele supports leaders to develop skills founded in the basics of human connections which build trust, lead change and create respectful workplaces where shared values lead to exceptional outcomes. Michele's unique expertise is to support leaders to improve employee engagement implementing her P.E.R.S.O.N. Centred Leadership Approach™. Michele empowers her clients to challenge the status quo and become employers of choice. Michele has developed curriculums in person and virtually to long term care homes.

## SPECIALTY AREAS

- How to mobilize employees by adopting a P.E.R.S.O.N. Centred Leadership Approach™
- How leaders can create high functioning teams
- How to use specific words that inspire teams to work collaboratively
- Employee retention

## **POPULAR TOPICS**

- How to use specific words that inspire
- P.E.R.S.O.N, Centred Leadership Approach
- Self-Care Is Not Selfish
- Mindfulness and Leadership
- Setting boundaries for people pleasers, perfectionists
- Spot the differences: Stress & Burnout
- Leading through challenges-building trust and creating safety
- Creating Purpose and Establishing Values

## **INDUSTRIES**

Healthcare & Pharmaceutical, Long Term Care, Education, Government & Public Services, Private & Non-Profit, Consumer Products & Services

## EDUCATION

REGISTERED NURSE, RN Confederation College | 1993

GERONTOLCOGICAL NURSING CERTIFICATION, GNC (C) Canadian Nurses Association | 2010